



Massage Therapy CEU Classes for 2009

American Heart Association Heartsaver CPR Certification

				<u>7+ days before class</u>	<u>Late Registration*</u>
July 11, 2009	Saturday	1pm to 7pm	6 CEUs	\$99. ⁰⁰	\$125. ⁰⁰
August 29, 2009	Saturday	1pm to 7pm	6 CEUs	\$99. ⁰⁰	\$125. ⁰⁰
November 7, 2009	Saturday	1pm to 7pm	6 CEUs	\$99. ⁰⁰	\$125. ⁰⁰

Get your American Heart Association CPR certification. CPR is a requirement for your LMT renewal.

Public Invited	CPR Training Only	First 4 hours of class	\$60. ⁰⁰	\$75. ⁰⁰
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Foot Manipulation using Reflexology Charts

July 7, 2009	Tuesday	1pm to 7pm	6 CEUs	\$99. ⁰⁰	\$125. ⁰⁰
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Study the science and art of using various touch techniques on specific points of the feet, hands and ears. This class will discuss the theory of reflexology and how it correlates with iridology and bowel reflex points.

Advanced Massage Chair Techniques

August 25, 2009	Tuesday	1pm to 7pm	6 CEUs	\$99. ⁰⁰	\$125. ⁰⁰
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Do you have a massage chair but just cannot get in the groove with on-site massage? Bring your chair and learn how to WOW your clients and increase your clientele. Learn what your client is looking for and techniques that strengthen your body while relaxing the client.

Lymphatic Drainage ****NEW COURSE****

November 3, 2009	Tuesday	1pm to 7pm	6 CEUs	\$99. ⁰⁰	\$125. ⁰⁰
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Lymphatic drainage is a specialized type of massage technique often used to help treat lymphedema. It involves gentle massage techniques which help promote fluid drainage. The lymphatic system is responsible for detoxification and regeneration of healthy tissue. In this class you will learn the anatomy and physiology of the lymphatic system, how to release restrictions and apply new lymphatic drainage techniques.

Massage Therapist and Instructor Training **3 Days 30 hours**

August 10 - 12, 2009	8am to 6pm	30 CEUs	\$350.00
October 5 - 7, 2009	8am to 6pm	30 CEUs	\$350.00

This course helps you to develop skills in basic methodologies for teaching adult learners which include preparation, presentation, application, and evaluation techniques that are specific to the massage therapy classroom. This program is designed for the professional who desires to become an effective Massage Therapy Instructor and Continuing Education Provider. You will be assigned a portion of A & P to present to the class.

**Late registration fee applies if paid registration not received 7 days prior to class date*

Jay Wilson, LMT, MTI, Massage Therapy Instructor

Jay Wilson, educated at Lauterstein Conway Massage School in Austin in 1991, has dedicated himself to the effects of movement on the physical and emotional health of the body. Through continuing education of multiple modalities and discoveries with the relationship of muscles, nerves and energy, Jay interprets and responds to the subtle signals from the body. In his daily practice, Jay integrates multiple massage modalities in order to best meet the needs of his clients.

Currently Jay is a Texas Licensed Massage Therapy Instructor, a CPR Instructor and a Colon Hydrotherapy Instructor at the MIND BODY Center and Institute. These courses are now made available to you to meet your CEU requirements, while keeping you updated on the current trends and latest innovations in massage therapy.

Class Name _____	Class Date _____
Name _____	
Address _____	
City _____	State _____ Zip _____
Occupation: _____	Business Phone _____
Home _____	email: _____
Full amount is Due with Registration -- To hold your place in class!	
Check # _____ in amount of \$ _____ payable to MIND BODY	
(Master Card or Visa Accepted) • Register Early - Class Size Limited!	
Name on Card _____	Exp date _____
Credit Card _____	Code _____
Signature _____	
Cancellation/Refund Policy: Written cancellation received up to five working days before the class are refundable, minus a cancellation fee of \$50. After five days, NO REFUNDS! No shows constitute forfeiture of payments.	

MIND BODY NATUROPATHIC INSTITUTE

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